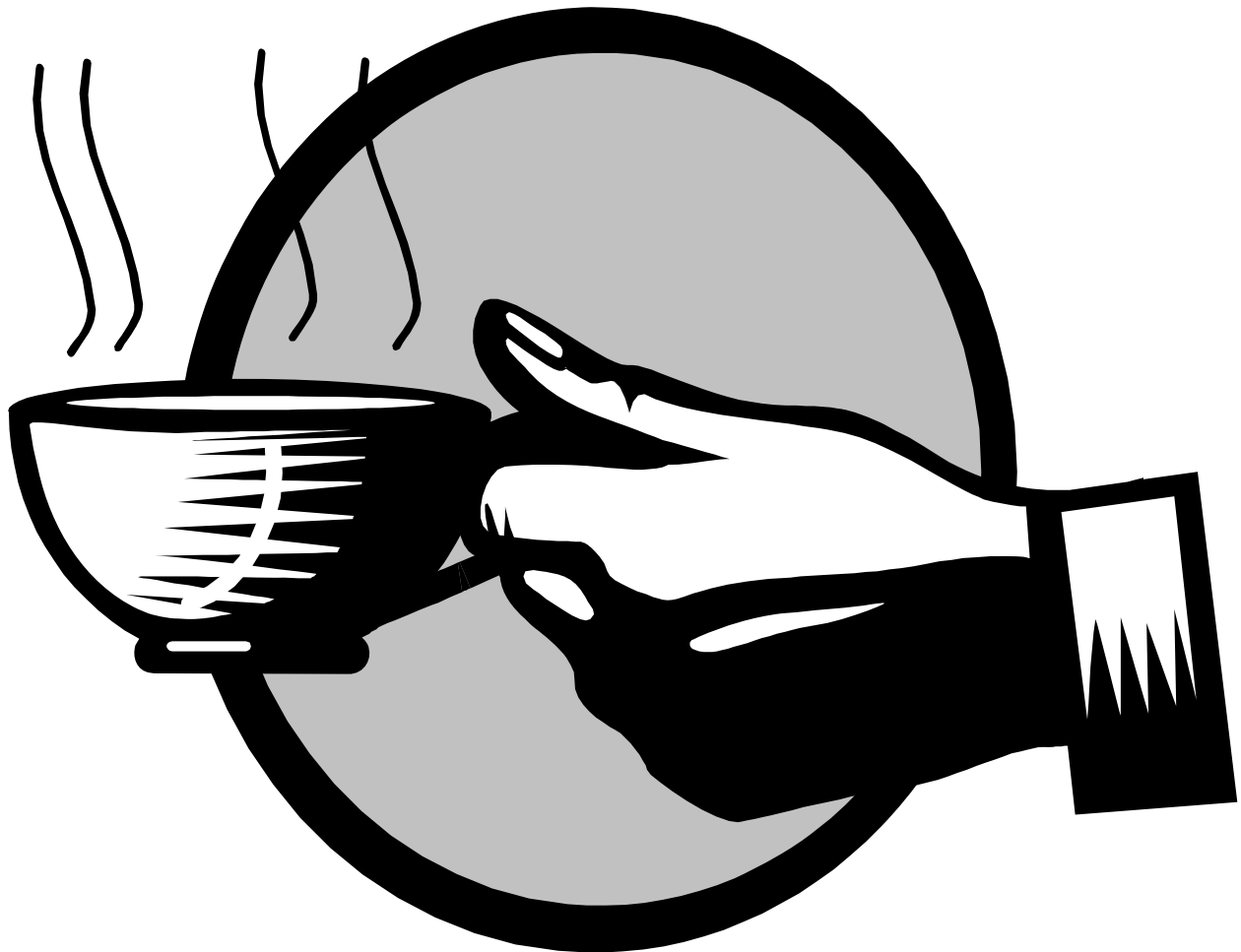


Share a Cup of Knowledge



Congregation Beth Shalom Adult & Family Education

Fall/Winter Opportunities

2010-2011



Rabbi Chananya ben Teradion said: "When two people sit and words of Torah pass between them, the Divine Presence rest between them as well."

Pull up a chair. Open a book. Enter the conversation. Congregation Beth Shalom is as much a House of Study as it is a House of Worship. Our Fall Education program reflects this fact, affording our members of all ages the opportunity to come together for learning and connection.

We offer ongoing weekly classes, providing our members the opportunity to study sacred texts in depth. Some of these classes, designated for the adults in our community, encourage each of our members to move from one level of learning to another.

We offer a mix of programs, for women, for men, for families. We offer both a scholar-in-residence program and "one-shot" classes on a variety of subjects.

Whether you play an instrument, love to sing, want to improve your Hebrew, strengthen ethics, grow in self-knowledge or simply make new friends, Congregation Beth Shalom warmly invites you to participate.

Shammai taught: "Make your study of Torah a fixed habit. Say little and do much, and greet all people with a cheerful smile."

Rabbis Nancy and David Wechsler-Azen



Sunday Mornings

October 3, 10, 17, 24, 31

November 7, 21

December 12, 19

Advanced Mussar

9:30 a.m.–10:30a.m.

For students having already completed the beginning mussar course. We will focus on weekly soul traits, using classical Mussar texts and daily practice.

Instructor: Rabbi Nancy

Cost: \$90 for CBS members, \$105.00 for non-members. Students purchase the text book separately.

Enneagram and Life

10:45 p.m.–12:00 noon

Part 3

This course focuses on the dynamic assessment of individual personality. The Enneagram is taught to develop higher states of being, essence, and enlightenment. All are welcome.

Instructor: Rabbi David and Kit Kilpatrick

Cost: \$90.00 for CBS members, \$105.00 for non-members.

A Season of Mussar

10:45 p.m.–12:00 noon

A Season of Mussar is a 13-lesson program created by the Mussar Institute that guides congregations in a supervised course of Mussar learning and practice.

As with all Mussar study, the aim of this program is to help individuals find balance and strength in key inner traits that are essential for leading a fulfilling life in worldly as well as spiritual matters.

This beginning Mussar course is the prerequisite for Advanced Mussar.

Instructor: Lisa Bertaccini

Cost: \$130.00 for CBS, \$145 for non-members. Fee includes all material.

Sunday Afternoons

Choosing Judaism

12:30 p.m.–1:30 p.m.

This is a monthly course for those individuals taking the “Introduction to Judaism” course through the Federation, as well as those who took the course last year.

November 7 “The Jewish Path”

December 5

January 23

February 13

March 13

April 3

Instrumental Ensemble

12:30 p.m.–1:30 p.m.

Calling on Beth Shalom instrumental musicians interested in making music together and performing at services.

Coordinator: David Meyer

October 10, 24

November 14, 21

December 12, 19



Sunday Evenings

Single Shots of Espresso from Religious Practices 7:00 p.m.

- October 3 *What's in a Name?*
Judaism and the naming process, meaning of our Jewish names, and how to acquire a Jewish name.
- January 2 *Jewish Views of the Afterlife*
- March 13 *The Choreography of Prayer: When to stand, when to sit, when to close our eyes and bend the knee.*
- May 15 *Reform Judaism's Changes to Traditional Prayer: Why?*

Monday Evenings

Beginning Hebrew 7:00 p.m.–8:00 p.m.

Start with Aleph and enter the doorway of the Hebrew language. This class welcomes all beginners. Nine-week course beginning October 4.

Instructor Carry Cohn

Cost: \$90 (includes text) for CBS members, \$105.00 for non-members.

Intermediate/Advanced Hebrew 8:00 p.m.–9:00 p.m.

Having entered the doorway of the Hebrew language, move further along the path of our people's sacred language, ancient and vitally current. Nine-week course beginning October 4.

Instructor: Carry Cohn

Cost: \$90 (includes text) for CBS members, \$105.00 for non-members



Wednesday Evenings

Meditation

5:00 p.m.–5:45 p.m.

A midweek chance to pause and reflect. Meets on every Wednesday that Religious School is in session.

Instructor: Lisa Bertaccini

Cost: Free

Learn to Speak like an Israeli

6:15 p.m.–7:15 p.m.

Conversational Hebrew as spoken on the streets and in the kibbutzim of Israel.

Instructor Yifat Elrom

Cost: \$90 (includes text) for CBS members, \$105.00 for non-members

Beth Shalom Choir

7:15 p.m.–8:45 p.m.

On the second and fourth Wednesdays all post-B'nai Mitzvah, note-reading singers are welcome to join the Beth Shalom Choir. The CBS choir sings on the second and fourth Fridays of the month as well as High Holidays and special performances.

Instructor: Dolores Allen

Cost: Free

Saturday Mornings

Torah Study and Worship

9:00 a.m.–10:30 a.m.*

**unless there is a Bar or Bat Mitzvah, in which case we begin at 8:30 a.m. and learn until 9:55 a.m.*

Each Saturday morning a lively engagement of the weekly Torah portion. Vibrant conversation; joyful, singing worship; and refreshments create the CBS Shabbat spirit.

Instructors: Rabbis Nancy and David

Cost: Free



Rosh Chodesh 2010-2011



Rosh Chodesh celebrates the renewal of the Moon and is linked to the Jewish woman. Events are held at CBS on Sundays at 7:00 p.m. unless otherwise noted.

- October 10 Cheshvan 4:00 p.m.-5:30 p.m.
Moms and Daughters: Flower and Leaf Pressing
 All women and girls invited.
Led by Mauria Bragin-Hirning
- November 7 Kislev
Slightly Bad Girls in the Bible
 Excerpts from Liz Curtis's book, *Slightly Bad Girls from the Bible: Flawed Women Loved by a Flawless G-d*
Led by Rabbi Nancy and Jana Uslan
- December 12 Tevet
An Evening of Poetry
 Bring a favorite appetizer and a poem to share.
- January 9 Shevat
Pharmacology and Homeopathy
 Guest speakers John Ortego, PharmD, and Priscilla Monroe, ND
- February 6 Adar I
T'chinas
 Personal prayers of Jewish women
- March 6 Adar II
Balancing the Brain
 A night of meditation and balance
Led by Robin Gillett
- April 3 Nisan 4:00 p.m.-5:30 p.m.
Emancipation Tea for Foster Youth
Led by Social Action
- May 4 Iyar
Yet to be revealed





Men of Beth Shalom

October 17

January 23

April 10

Sundays

7:00 p.m.

Gatherings for men to learn and talk together.

Led by Rabbi David

Young Family Programs

PJ Havdallah

Saturdays, 6:30 p.m.–7:45 p.m.

Havdallah, stories, craft, and milk and cookies. Wear your favorite PJs. For ages 6 and under with their families.

Led by Rabbis Nancy and David

December 11

April 9

Tot Shabbat

Third Friday of the month, 6:00 p.m.

Tot family dinner followed by Tot Shabbat Service, a service especially designed for young children up to age 6.

October 15

November 19

December 17

February 18

March 18

May 20





Family Programming

Sunday, October 10	Mother & Daughter: Flower Pressing	4:00 p.m.
Sunday, November 14	Mother & Son: Aviation Museum	2:00 p.m.
Saturday, March 12	Father & Daughter: Father/Daughter Dance	6:00 p.m.
Sunday, April 3	Father & Son: Softball at Ashton Park	2:00 p.m.



Congregation Beth Shalom

2010 Fall Education Registration Form

Name: _____ E-mail address: _____

Address: _____

Phone #: _____ Cell #: _____

Select	Course Title & Description	Days & Times	Fee
	Advanced Mussar. For students who have completed Beginning Mussar. Course will focus on weekly soul traits through classic Mussar text and daily practice. Class led by Rabbi Nancy Wechsler-Azen.	Sundays, 9:30 a.m.-10:30 a.m.	\$90*; text separate purchase
	Beginning Hebrew. Begin to read and understand our ancestral language through practical, interactive study and activities. Class led by Carry Cohn.	Mondays, 7:00 p.m.-8:00 p.m.	\$90* (includes text)
	Enneagram and Life. Course focuses on the dynamic assessment of individual personality. The Enneagram is taught to develop higher states of being, essence, and enlightenment. Class led by Rabbi David Wechsler-Azen and Kit Kilpatrick.	Sundays, 10:45 a.m.-12:00 noon	\$90*
	Instrumental Ensemble. Musical rehearsal and performance. Coordinated by David Meyer.	Sundays, 12:30 p.m.-1:30 p.m.	Free
	Intermediate/Advanced Hebrew. For students who have successfully completed Beginning Hebrew. Class led by Carry Cohn.	Mondays, 8:00 p.m.-9:00 p.m.	\$90* (includes text)
	Learn to Speak like an Israeli. Conversational Hebrew as spoken in Israel Class led by Yifat Elrom.	Wednesdays, 6:15 p.m.-7:15 p.m.	\$90* (includes text)
	A Season of Mussar. 13-lesson program to help individuals find balance and strength in key inner traits essential for leading a fulfilling life in worldly as well as spiritual matters. Class led by Lisa Bertaccini.	Sundays, 10:45 a.m.-12:00 noon	\$120 (includes all materials)
Total:			

*Non-Congregation Beth Shalom members add \$15.

Payment method (circle one): Check # _____ MasterCard _____ Visa _____

CC #: _____ Expires (MM/YY): _____ Billing Zip Code: _____

I understand that a 2% cost recovery fee will be added to each credit card transaction.

Please call or e-mail the Temple office with any questions. Return completed form and payment to

Congregation Beth Shalom

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Fall 2010 Classes